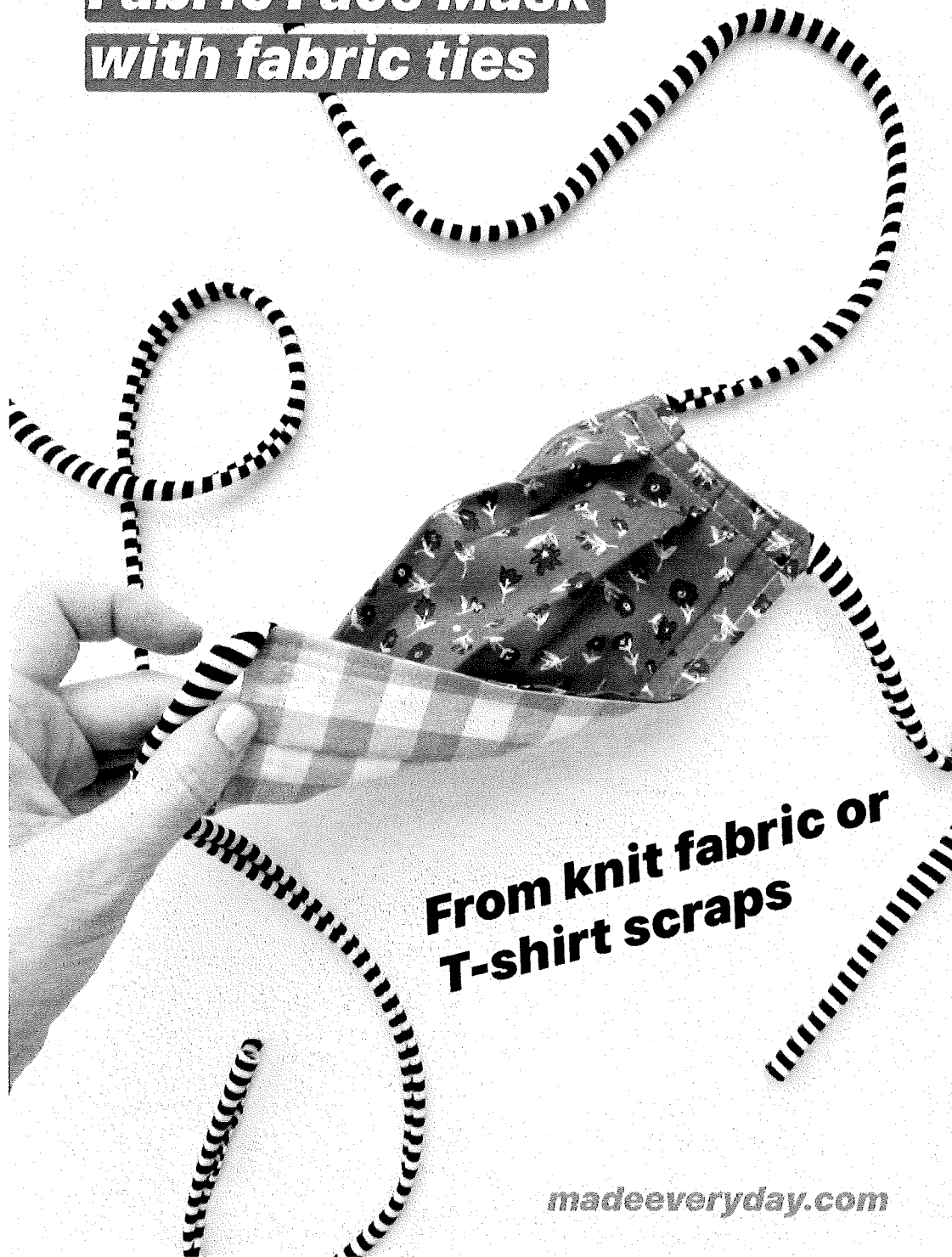


How to make a Fabric Face Mask with fabric ties



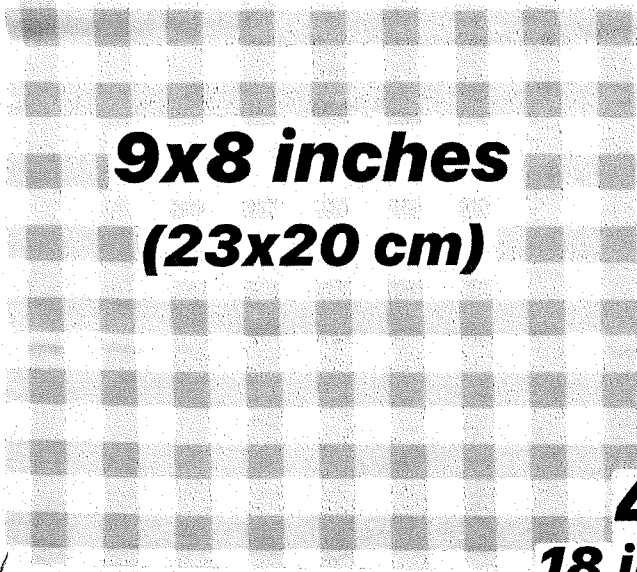
**From knit fabric or
T-shirt scraps**

madeeveryday.com

****UPDATE****

Since sharing the original tutorial below, I have created this updated version sewing 4 ties into the corners (since elastic seems to be in low supply, and does not hold up well with high temperature washing/drying).

Use 2 **DIFFERENT** fabrics

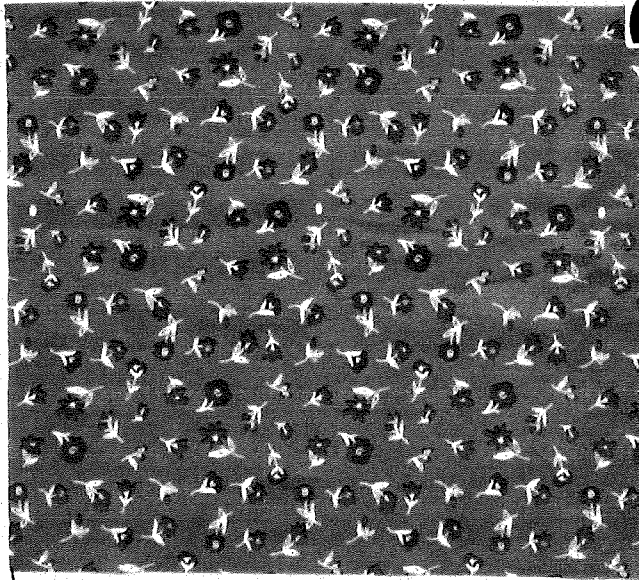


9x8 inches
(23x20 cm)



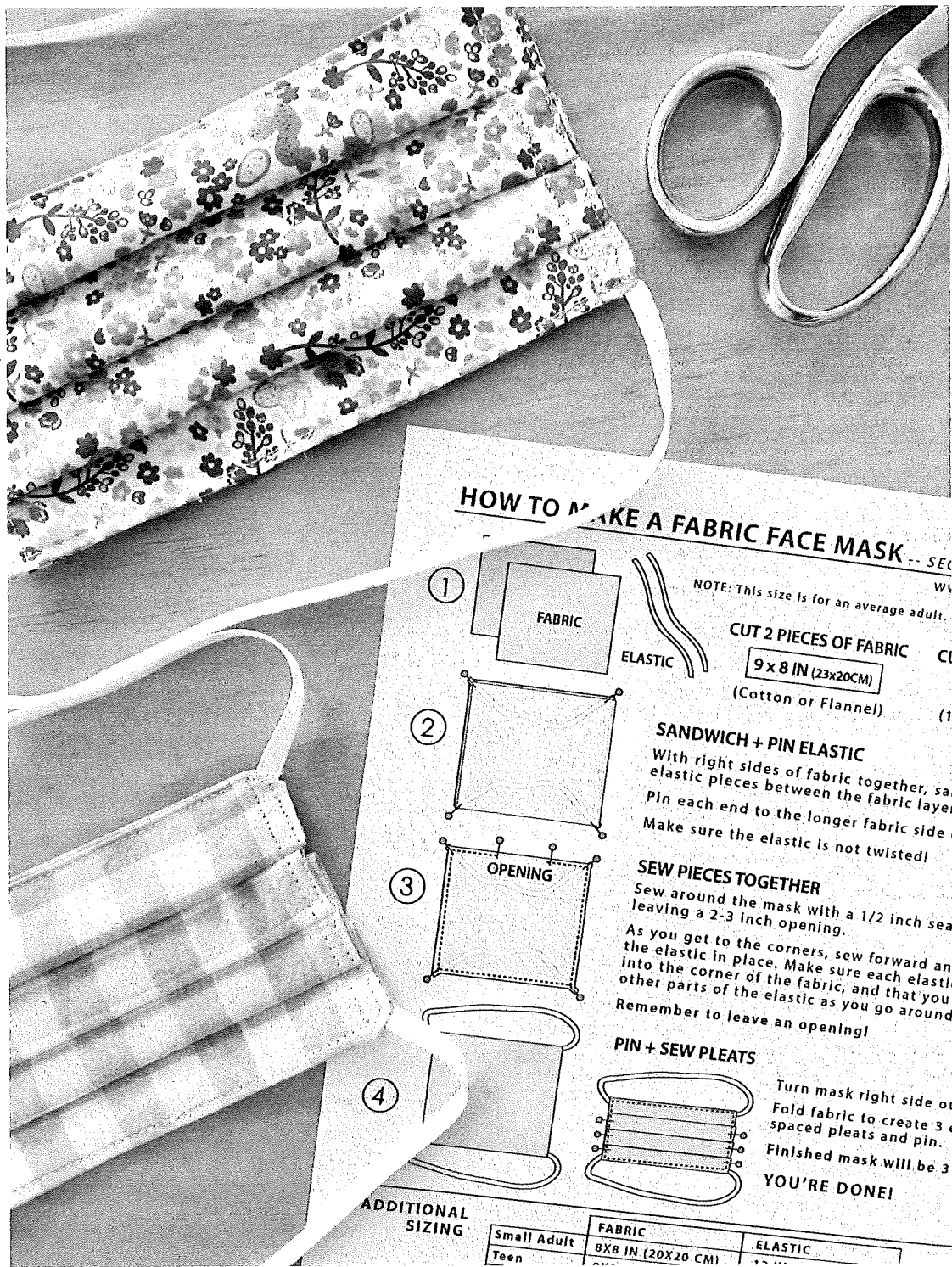
4 strips
18 inches long
(46 cm)

16 inches



Strips - 32 inches
13 inches

There are varying opinions about what style of mask and materials are best to use. I would recommend talking to your local hospital or support center before making large quantities for donations. I'm simply sharing this easy method for those who'd like to make masks for themselves or for others.



Many of you have reached out, wanting to make masks for the Coronavirus situation. If you want to sew fabric masks, I've created a simple 1-page pattern.

—**DOWNLOAD THE FABRIC FACE MASK PATTERN HERE**—

Print it, share it with friends, pass it around.

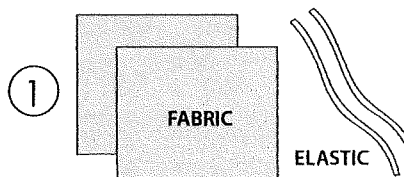
Or save the image below to your phone.

pleats are 1 inch

HOW TO MAKE A FABRIC FACE MASK THAT SECURES BEHIND THE HEAD

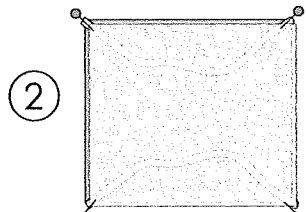
WWW.MADEEVERYDAY.COM

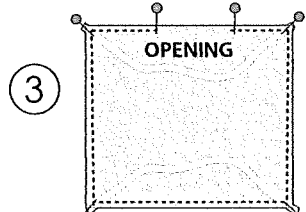
This size is for an average adult. See Additional Sizing below.

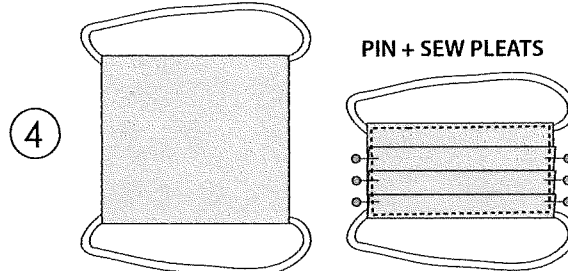
1  **FABRIC** **ELASTIC**

CUT 2 PIECES OF FABRIC
9 x 8 IN (23 x 20 CM)
(Cotton or Flannel)
* Pre-wash and dry fabrics

CUT 2 PIECES OF ELASTIC
13 IN (33 CM)
(1/4 or 1/8 in. wide)

2  **SANDWICH + PIN ELASTIC**
With right sides of fabric together, sandwich the two elastic pieces between the fabric layers.
Pin each end to the longer fabric side corners.
Make sure the elastic is not twisted!

3  **SEW PIECES TOGETHER**
Sew around the mask with a 1/2 inch seam allowance, leaving a 2-3 inch opening.
As you get to the corners, sew forward and back to secure the elastic in place. Make sure each elastic piece is angled into the corner of the fabric, and that you don't sew over other parts of the elastic as you go around.
Remember to leave an opening!

4  **PIN + SEW PLEATS**
Turn mask right side out.
Fold fabric to create 3 evenly spaced pleats and pin.
Finished mask will be 3 inches tall.
YOU'RE DONE!

ADDITIONAL SIZING

	FABRIC	ELASTIC
Small Adult	8X8 IN (20X20 CM)	12 IN (30.5 CM)
Teen	8X8 IN (20X20 CM)	11.5 IN (29 CM)
Child	7x7 IN (18x18 CM)	11.5 IN (29 CM)

ADDITIONAL IDEAS

To help the mask mold better around your nose, you may insert a pipe cleaner, floral wire, or small piece of flat bendable metal to the top inside of the mask before forming the pleats. Sew a topstitch next to it, to hold it in place.

NOTES

Please check with your local support centers before making large quantities of masks, to ensure they can accept and use them.

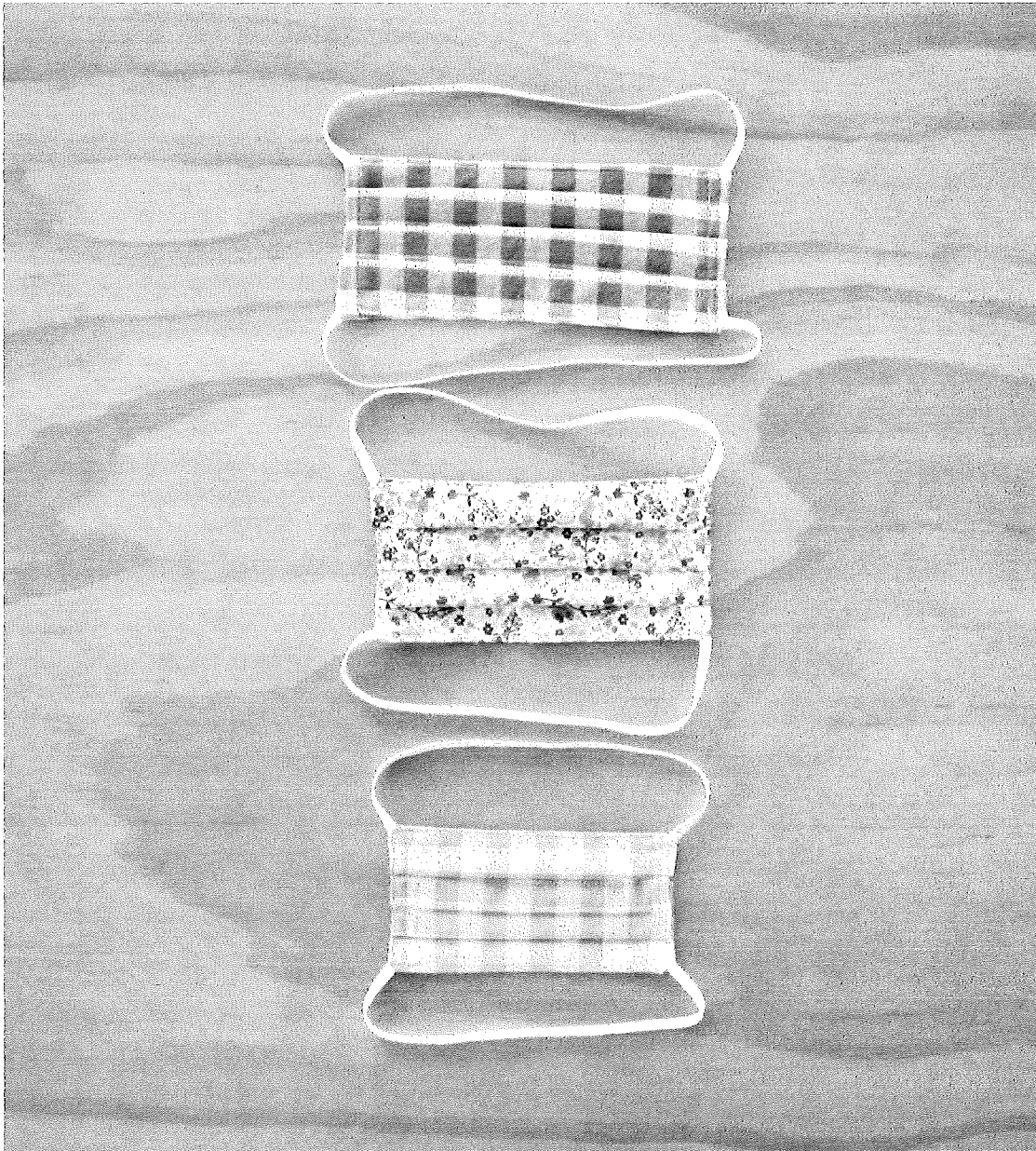
WARNING: This is an educational tutorial only. This tutorial, design, or any product created therefrom is intended to be used for educational purposes only and is not intended to be used to create a medical or similar device. This tutorial, design, or any product created therefrom is not intended, nor has it been tested, to reduce or eliminate the transmission of any respiratory or airborne pathogen, allergen, or any type of particle or droplet, and on that basis, should not be used for any such purpose. Dana Made, Inc., MADEEVERYDAY.COM and Dana Willard make no warranties express or implied, that this tutorial, design, or any product created therefrom is intended, or is suitable for use to reduce or eliminate the transmission of any respiratory or airborne pathogen, allergen, or any type of particle or droplet. Any user of this tutorial, design, or any product created therefrom for anything other than educational purposes assumes the risk of serious injury or death. For information on how to reduce the transmission of pathogens, please consult a qualified and competent health care professional.

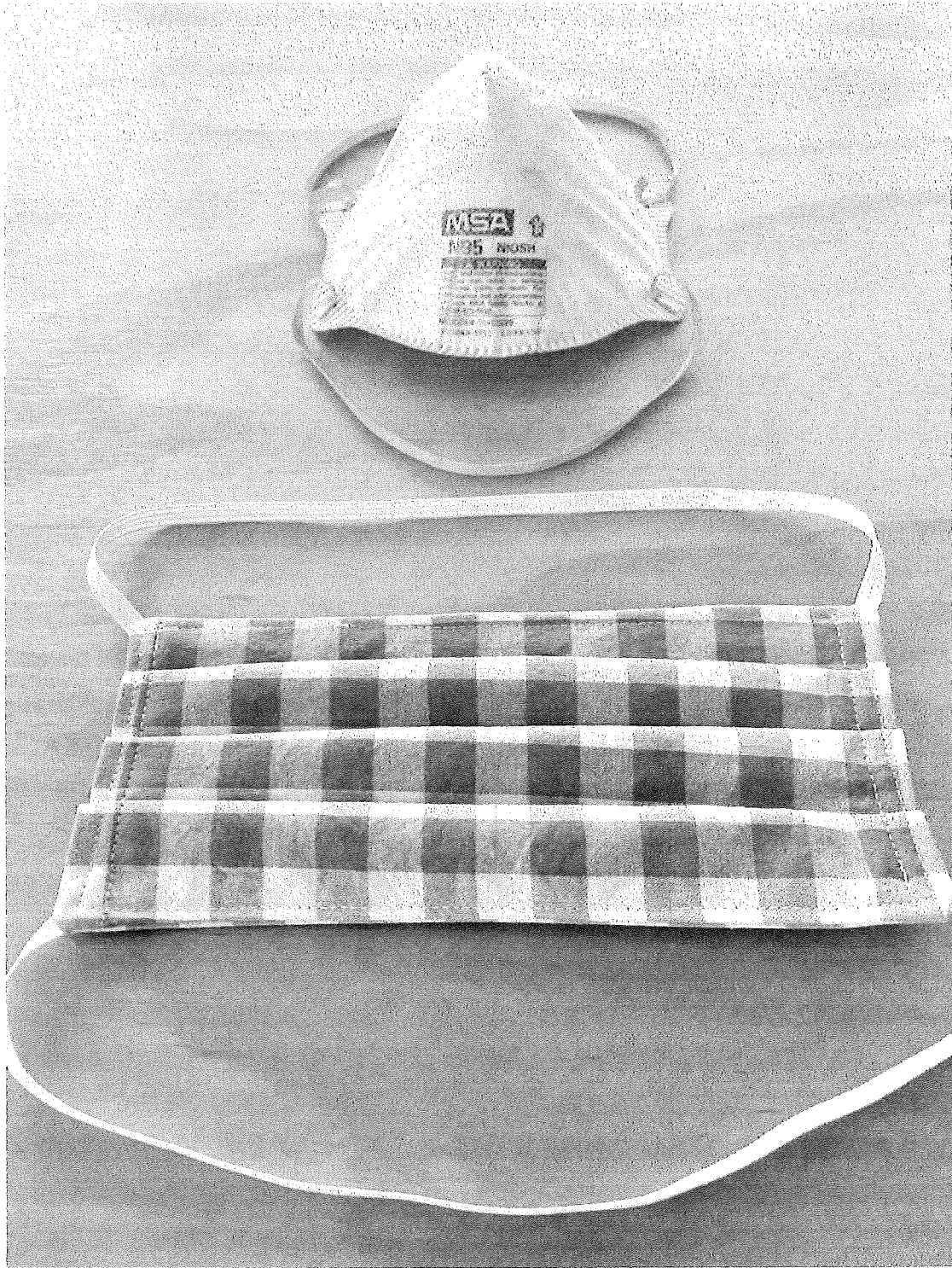
PATTERN INFO:

This mask secures around the back of the head (rather than around the ears).

I have seen patterns online that secure around the ears, but professionals have said it is more comfortable around the head, and gives more flexibility with sizing. Just move the elastic around on the head till it feels secure.

- To help the mask mold better around your nose, you may insert a pipe cleaner, floral wire, or small piece of flat bendable metal to the top inside of the mask before





Three Pleat Face Mask

Double Layer with Opening for Filter Insert

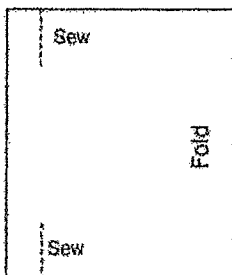
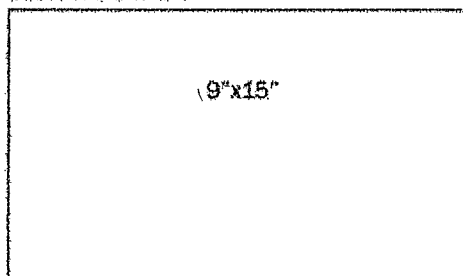
Supplies:

- Fabric 9"x15"
- End casing (2) 2½"x5"
- Metal nose piece—twist tie or pipe cleaner; about 2" (optional)
- Elastic—¼"x9" (or smaller width elastic)
- OnPoint-TV YouTube: Making a Face Mask (<https://youtu.be/M3Dm1NKor1A>)

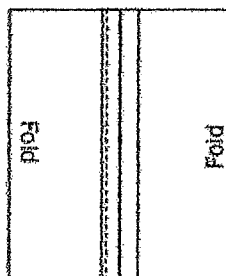


Instructions:

1. Cut fabric 9"x15".



2. Fold in half to leave an opening to insert a filter. Sew 1½" seam on raw edge at top and bottom.
3. Roll the seam to the center and press open. Use a little spray sizing if you have it. Top stitch down one side making sure the fabric underneath is out of the way. Turn right side out.



4. Press so the seam is a ½" from fold.

